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Central Organisation, ECHS  
Adjutant General's Branch  
IHQ of MoD (Army)  
Thimayya Marg  
Near Gopinath Circle  
Delhi Cantt-110010

B/49769/AG/ECHS/AYUSH Policy dt 12 Sep 2025

IHQ of MoD (Navy)/ Dir ECHS (N)  
DAV, Subroto Park  
HQ Southern Command (A/ECHS)  
HQ Eastern Command (A/ECHS)  
HQ Western Command (A/ECHS)  
HQ Northern Command (A/ECHS)  
HQ Central Command (A/ECHS)  
HQ South Western Command (A/ECHS)  
All Regional Centres

### **POLICY ON TREATMENT OF ECHS BENEFICIARIES UNDER AYUSH**

A copy of Govt of India, Ministry of Defence, DoESW letter No 22D(10)/2022/WE/D(Res-I) dated 10 Sep 2025 is disseminated herewith for your info and further necessary action please.

  
(Rajesh Battish)  
Surg Capt  
Offg Dir (Med)  
for MD ECHS

**Encls:** As above.

#### **Copy to:-**

MoD/DoESW	}	for info please.
CGDA		
UTI-ITSL (BPA)		
SDCPL		

#### **Internal:-**

All Sec - for info please.

Stats & Automation - for uploading on website and issue necessary instructions to UTI-ITSL (BPA).

File No. 22D(10)/2022/WE/D(Res-I)  
Government of India  
Ministry of Defence  
(Deptt. Of Ex-Servicemen Welfare)  
Sena Bhawan, New Delhi.

Dated: 10<sup>th</sup> Sept, 2025

To

The Chief of Defence Staff  
The Chief of Army Staff  
The Chief of Naval Staff  
The Chief of Air Staff

Subject: **POLICY ON TREATMENT OF ECHS BENEFICIARIES UNDER AYUSH**

1. I am directed to refer to Ministry of Health & Family welfare letter NoZ 28015/01/2006-HD Cell/CGHS dated 01 Oct 2015 on AYUSH treatment and to say that, Ministry of AYUSH is mandated for the promotion and development of Ayurveda/ Yoga and Naturopathy, Unani, Siddha, Sowa-Rigpa and Homeopathy (AYUSH) and to provide healthcare service through the AYUSH system. The National Health Policy 2017/ (NHP 2017) advocates integration of AYUSH system in horizontal as well as vertical manner across all the Government Health Establishments. This policy is intended to expand the system of Ayurveda among the ECHS beneficiaries for the betterment of their health through an alternate system of medicine.

2. **Eligibility for Treatment**

(a) All ECHS members with valid membership.

(b) **Choice of Treatment**. The choice to take treatment under either AYUSH or Allopathy is purely voluntary and personal. A beneficiary will have to make a choice whether he/she wishes to be treated under AYUSH or Allopathy. Treatment under both systems concurrently is not permitted for the same ailment/disease. However, in case of an emergency, the veteran is allowed to take any lifesaving treatment as deemed necessary.

3. **Treatment under AYUSH will be provided through following: -**

(a) All the AFMS hospitals and Cantonment Board hospitals having AYUSH clinics (only Ayurveda) (List of AFMS Hospitals presently nominated for providing **AYUSH treatment facilities** is attached as **Appendix A**).

(b) All ECHS Polyclinics nominated to provide AYUSH OPD (only Ayurveda). (A list of the **ECHS Polyclinics nominated** to provide AYUSH treatment initially is attached as **Appendix B**).

(c) CGHS empanelled AYUSH Hospitals. The hospitals empanelled under CGHS will be deemed empanelled under ECHS and can be empanelled by ECHS by signing MoA with these hospitals. (A list of current CGHS empanelled AYUSH Hospitals is attached as **Appendix C**).

(d) All ECHS Empanelled AYUSH Hospitals.

(e) AYUSH facilities at PHC/CHC, Government dispensaries/District hospital/sub district hospital/Municipality hospital under Central/ State / Local Government where available as well as Government AYUSH hospitals and colleges and National Institutes of AYUSH.

4. **Rules Governing AYUSH Treatment.**

- (a) Permission would be obtained from the treating AYUSH physician from ECHS Polyclinic, AFMS AYUSH Clinics (only Ayurveda), Govt AYUSH Hospitals, National Ayurvedic Institution, Cantonment Board Hospital and Central/State Govt Ayurvedic Centres for therapies and duration as advised. The recommendations for referral obtained from these centres will be shown at ECHS Polyclinics where the referrals to the empanelled AYUSH Hospitals will be provided.
- (b) The duration of the treatments should not exceed 34 days for Ayurveda and 28 days for Yoga and Naturopathy.
- (c) "Package Rate" means rates for a package of treatment of standard set of procedures that are administered to the patient while undergoing treatment for a pre-diagnosed disease condition for the specified time period. The package rates which are specified for diagnosed diseases/conditions indicated in Annexure "D" attached with this order should strictly be adhered. Procedures other than the package rates listed in Annexure "D" for a nonspecific disease condition which is not mentioned under package rates will be considered as per the list.
- (d) This includes all charges pertaining to a particular treatment/procedure including registration charges, admission charges, accommodation charges, cost of medicines, Panchakarma charges, Labor Room charges, charges for Kshar sutra operation/ procedure charges, Doctor/ Consultant visit charges, Monitoring charges, Operation theatre charges, procedural charges/Surgeon's fee, cost of disposable surgical charges and cost of all sundries used during hospitalization related to routine investigations, physiotherapy charges etc. from the time of admission till discharge. This also is inclusive of all sub-procedures and related procedures to complete the treatment.
- (e) Rates not promulgated by CGHS in respect of items under the head of Admission Fee, Consultation Fee, Laboratory Investigations/Diagnostic Tests/Procedures, Hospitalization Nursing Care, Transportation, Engagement of Attendants etc will be the same as prescribed for empaneled private Allopathic Hospitals under the ECHS.
- (f) Re-imburement for treatment/procedures for which prescribed rates have not been indicated by CGHS will be charged as per actual. Procedures/Treatments given to the beneficiary outside the list will be discouraged and justification has to be given for doing outside procedures.
- (g) No additional charge on account of extended period shall be allowed if that extension is due to any improperly conducted procedure.
- (h) A list of packages available under AYUSH treatment and their rates as per CGHS rate will be applicable for ECHS (Current rate list attached as **Appendix D**).
- (i) It is clarified that the procedures suffixed as per package treatment given at **Appendix 'D'** are Package Treatment and reimbursement shall be limited to package rates.
- (j) Only 2-3 therapies in single specialty would be permitted.

(k) Reimbursement for treatment/procedures for which prescribed rates have not been indicated in Appendix 'D' will be charged as per actual.

(l) The prescribed rates as indicated in Appendix 'D' shall be valid for the period of Memorandum of Agreement required to be signed by the hospital/ Centre with the ECHS.

(m) An AYUSH Hospital/centre empanelled as above, whose rates for treatment procedures/tests are lower than the prescribed rates shall charge as per actual.

(n) Any legal liability arising out of such services, responsibility solely rests on the hospital and shall be dealt with by the empanelled hospital/diagnostic centre concerned. Services will be provided by the Hospitals/Diagnostic centres as per the terms of agreement.

(o) Ward entitlement and rates for room charges will be as prescribed earlier for ECHS beneficiaries. Room rent is applicable only for treatment procedures for which there is no prescribed package rate and will include charges for occupation of bed, diet for the patient, charges for water and electricity supply, linen charges, nursing charges and routine up-keeping. Expenses on toiletries, cosmetics, telephone bills etc. are not reimbursable and are included in rates/package rates.

(p) ECHS beneficiaries are entitled to facilities of Private, Semi-private or General ward depending on their rank/category. The entitlement is as follows:

Category	One time contribution	Entitlement
Recruits to Havs & equivalent in Navy & AF	Rs 30,000.00	General Ward
Nb Sub/Sub/Sub Major equivalent in Navy & AF (including) Hony Nb Sub/MACP Nb Sub and Hony Lt/ Capt	Rs 67,000.00	Semi-Private Ward
All Officers	Rs 1,20,000.00	Private Ward

(q) **The room rent will be Rs. 1000/-, Rs. 2000/- & Rs. 3000** for General Ward, Semi private Ward and Private Ward respectively. It is clarified that indoor package rates for Yoga & Naturopathy are inclusive of room rent as per entitlement of the beneficiary.

(i) **Private ward** is defined as a hospital room where single patient is accommodated and which has an attached toilet (lavatory and bath). The room should have furnishings like wardrobe, dressing table, bed-side table, sofa set, carpet, etc. as well as a bed for attendant. The room has to be air-conditioned.

(ii) **Semi Private ward** is defined as a hospital room where two to three patients are accommodated and which has attached toilet facilities and necessary furnishings.

(iii) **General ward** is defined as hall that accommodates four to ten patients.

(r) Normally treatment in higher category of accommodation than the entitled category is not permissible. However, in case of an emergency when the entitled category accommodation is not available, admission in the immediate higher category may be allowed till the entitled category accommodation becomes available. However, if a particular hospital does not have the ward as per entitlement of beneficiary, then the hospital can only bill as per entitlement of the beneficiary even though the treatment was given in higher type of ward.

(s) In case of non-emergencies, the beneficiary shall have the option of availing specific treatment/investigation from any of the empanelled hospitals of his/ her choice (provided the hospital is empanelled forth at treatment procedure/ test), after the same has been advised by ECHS/ other Government Specialist/MO in-charge and permission is obtained from the OIC ECHS Polyclinic. **For treatments availing by the beneficiary from empanelled list of AYUSH Hospitals from outside city other than where he is residing no TA will be reimbursed provided the treatments are available in the city of residence.**

(t) The Hospital shall be notified as empanelled under ECHS after signing MoA, submission of PBG & letter of acceptance. All AYUSH and Yoga & Naturopathy Hospitals empanelled under CGHS and CS (MA) rules is deemed empanelled with ECHS and vide GoI Dept of Ex-Servicemen Welfare Ministry of Defence letter No 22D (17)/2018/WE/D(Res-1) Dated 7<sup>th</sup> June 2022 are allowed to be empanelled with ECHS without obtaining PBG.

5. The medical stores for AYUSH treatment will be provided as under: -

(a) The AYUSH doctor and pharmacist of ECHS Polyclinic will be responsible for generating demands, receipt, quality checks and dispensing of medicines.

(b) Initially for the first year AYUSH medicines shall be procured with a ceiling limit of Rs 3,00,000 (Rupees Three lakh only) per polyclinic per year. It will be ensured that the total cost of inventory held will not cross Rs 3,00,000/- for the first year. Hence only those medicines will be procured which have to be replenished upto ceiling limit of Rs 3,00,000/. Subsequently after first year, demand for medicines shall be forwarded to the SEMO based on past consumption arrived at after calculating the Monthly Maintenance Figures based on monthly average of prescribed medicines over a period of 12 months.

(c) Overall responsibility for provision of medicines to ECHS beneficiaries will be that of the Office of DGAFMS who will allot the budget to the SEMOs under whom the polyclinics with AYUSH clinics will be functioning. SEMOs will be responsible for procurement of Ayurvedic medicines only directly from IMPCL a public sector undertaking and will issue the same to the polyclinics.

(d) AYUSH medicines prescribed in Cantonment Board Hospitals will be taken from the hospital. Medicines prescribed at the CGHS as well as ECHS Empaneled Hospitals will be purchased by the beneficiaries and will be reimbursed as per rates of procurement of medicines through IMPCL. If the medicines are not available in the IMPCL list it will be reimbursed as per actuals.

(e) Accounting and disposal of these medicines will be as per the existing policies for accounting of medicines in ECHS. The OIC ECHS Polyclinics will be responsible for accounting of medicines.

6. **General Administrative Issues**

- (a) AYUSH staff will be under the administrative control of the Station Commander. The AYUSH staff in the polyclinic will report to the OIC Polyclinic for day-to-day functions.
- (b) Legal liability for the treatment offered and effects thereof will lie with the treating AYUSH doctor. In case of alleged malpractice, misappropriation, negligence or legal issue arising either on account of treatment or incorrect dispensing of drugs by the AYUSH doctor or pharmacist, the direct or vicarious responsibility will be that of the treating doctor or the pharmacist as the case may be. The same will be indemnified through an appropriate document at the time of appointment.
- (c) AYUSH staff will not prescribe or dispense allopathic medicines.
- (d) AYUSH staff may order investigations from polyclinic lab or X-Ray. Any investigation prescribed from civil facilities will be undertaken after obtaining referral from the ECHS polyclinic. Referral will be issued only for those investigations that are not available in the ECHS polyclinic.
- (e) If beneficiary chooses to be treated in Hospital/ Government facility of AYUSH in a city away from his place of residence, permission/ approval may be given but the cost of travel, lodging and boarding will be borne by the beneficiary.

7. **Processing of bills.** The processing of claims by the hospitals and individual beneficiaries will be as per the procedures in vogue for allopathic hospitals/treatment.

- (a) The treatment in ECHS polyclinic, AFMS Hospitals, will be cashless and will be provided medicines at ECHS polyclinics or AFMS Hospital. The empaneled AYUSH hospital will provide cashless treatment and will be reimbursed as per CGHS rates.
- (b) Bills would be processed as per CGHS rates.
- (c) Referral from ECHS polyclinic is essential for treatment in empaneled AYUSH facilities with a certificate to show that they will only take treatment in one medical system. Prior permission from Regional Centre, ECHS is mandatory to obtain treatment from a non-empanelled AYUSH Hospital to be eligible to claim reimbursement of expenditure incurred for consultation /treatment /procedures/ investigation /medicines under AYUSH System of medicines. The claims will be passed as per CGHS rates only.
- (d) Claims are to be preferred within 3 months period from the date of obtaining treatment or discharge from hospitals, whichever is later.

8. The cost of medicines will be reimbursed as per IMPCL rates after proper scrutiny and verifications of the prescriptions and bills by the bill processing Agency. Cost of all medicines is reimbursable in full if not available in the IMPCL list. Preparations classified as food, tonics, vitamins, disinfectants, toiletries etc will not be reimbursed.

9. **Geo-Tagging** (Digital mapping with GIS- geographic information system) shall be implemented whereby photographs with geo-tagging of the patients is taken on day to day basis. For payment, it is essential to submit these geo-tagged photographic details during the submission of bills on the BPA portal and submission of bills offline as well.

10. **Adoption of CGHS Policies.** ECHS will adopt the CGHS policies and instructions issued from time to time including the changes in rates, treatment procedures, authorization of additional AYUSH treatments/procedures and introduction of medicines.

11. This letter supersedes GoI/MoD letter No. 22B(06)/2017/WE/D(Res-1) dated 08<sup>th</sup> August, 2018.

12. This issues with the concurrence of MoD (Finance/Pension) vide I.D. Note No 32(10)/2018/FIN/PEN dated 27<sup>th</sup> June 2025.

Yours faithfully

  
(L. Fimate)

Under Secretary to the Government of India

**Copy to:-**

1. PS to RM
2. PS to RRM
3. CGDA, New Delhi
4. AG, IHQ of MoD(Army)
5. COP, IHQ of MoD(Navy)
6. AOA, IHQ of MoD(Air)
7. MD ECHS
8. DFA(Pension)

(एल. फीमते)  
(L. FIMATE)  
अवर सचिव/Under Secretary  
रक्षा मंत्रालय, नई दिल्ली  
Ministry of Defence, New Delhi  
दूरभाष/Tele.....

**Copy for information to:-**

1. PPS to Secretary, ESW
2. PPS to JS(ESW)
3. PPS to Addl. FA & JS(EL)

**Copy signed in Ink to:-** PCDA/CDA

Appendix ALIST OF AFMS HOSPITALS FOR CO-LOCATION OF AYURVEDA OPDs1. Army

- (a) Base Hospital Delhi Cantt (Only in-patient treatment for patients admitted in Palliative Care Centre)
- (b) Command Hospital (Western Command), Chandimandir
- (c) Command Hospital (Central Command), Lucknow
- (d) Command Hospital (Eastern Command), Kolkata
- (e) Command Hospital (Southern Command), Pune
- (f) Military Hospital Jabalpur
- (g) 166 Military Hospital (Jammu)
- (h) Military Hospital Jaipur
- (i) 151 Base Hospital, Guwahati

2. Navy

INHS Asvini, Mumbai

3. Air Force

- (a) Command Hospital Air Force, Bengaluru
- (b) 11 Air Force Hospital, Hindon

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PROPOSED LIST OF ARMS HOSP FOR CO-LOCATION OF AYURVEDA

OPDs

1. Army

- |     |                           |   |                          |
|-----|---------------------------|---|--------------------------|
| (a) | Base Hospital Delhi Cantt | - | Western Command          |
| (b) | CH (WC) Chandimandir      | - | Western Command          |
| (c) | CH (CC) Lucknow           | - | Central Command          |
| (d) | CH (SC) Pune              | - | Southern Command         |
| (e) | CH (EC) Kolkata           | - | Eastern Command          |
| (f) | MH Jabalpur               | - | Central Command          |
| (g) | MH Jaipur                 | - | Southern Western Command |
| (h) | 166 MH, Jammu             | - | Northern Command         |
| (j) | 151 BH, Guwahati          | - | Eastern Command          |

2. Navy

- (a) INHS Asvini, Mumbai

3. Air Force

- (a) CH (AF) Bangalore
- (b) 11 Air Force Hospital, Hindon

Appx 'B'

Appx 'B'

(116)

LIST OF THE ECHS POLYCLINICS NOMINATED TO PROVIDE  
AYUSH TREATMENT

Ser No	Name of ECHS Polyclinics
1.	PC Ambala
2.	PC Mysore
3.	PC Ranchi
4.	PC Nagpur
5.	PC Bhopal
6.	PC Bhubaneswar
7.	PC Chennai
8.	PC Meerut
9.	PC Danapur
10.	PC Alleppey (Alappuzha)

Annexure "A"

APPX 'C'

LIST OF AYURVEDIC HOSPITALS APPROVED UNDER CGHS & C.S. (M.A) RULES.

The following Hospitals have been empanelled under CGHS / C.S. (M.A.) Rules for Ayurvedic System from 03/7/2015.

S.No.	Name and Address of the Hospital/Centers.	Recommended System.
1.	Maharishi Ayurveda Hospital, Block-B, Pocket-P, Shalimar Bagh (West) Delhi- 110088.	General Ayurveda
2.	KLE Ayurved Hospital Medical Research Center Shahapur Belgaum-590003 Karnataka (India)	General Ayurveda
3.	Punarava Ayurveda Hospital Edappally North P.O. Cochin Kerala-682024	General Ayurveda
4.	Matha Ayurveda Eye Hospital Moonga P.O. Near Thachottukavu Trivandrum Pin-695573	General Ayurveda and Shalakya
5.	Addlife Basavetarakam Indo-American Cancer Hospital And Research Institute 1st Avenue Road No.14 Banjara Hills, Hyderabad-500034	General Ayurveda
6.	Shri Dhanwantry Ayurvedic College & Dabour Dhanwantari Hospital Sector-46/B Chandigarh-160047	General Ayurveda
7.	Lavanya Ayurvedic Cancer Hospital & Research Centre 74/2 Maidangarchi Extension Chhatrapur Maidangarchi Rd Nr Chhatrapur Mandir New Delhi	General Ayurveda
8.	Lavanya Ayurvedic Cancer Hospital & Research Centre Dhawa Estate Deva Road Near Telco Chinha Lucknow (UP) 227105	General Ayurveda
9.	Parathuvayalil Hospital Keezhillam P.O., Emakulam District, Kerala State India, PIN-683541.	General Ayurveda
10.	B.S.D. Trust's Ayurved Hospital & Research Centre Vishwasatidham Off Kesaand Road At Post Wagholi Taluka Haveli Dist Pune (MH) 412207	General Ayurveda
11.	Ahaliya Ayurveda Medical College Hospital Kozhikpara P.O. Palakkad (Dist) Kerala	General Ayurveda
12.	Jaipur Ayurveda Hospital Village-Vatika Tehsil-Sanganer, Distt- Jaipur, Rajasthan	General Ayurveda
13.	Sree Subramanja Ayurvedic Nursing Home Karikkankulam Karaparamba PO Calicut-673010 Kozhikode Dist Kerala.	General Ayurveda
14.	Alvas Ayurveda Medical College Hospital Vidyagiri Moodbidri South Canara Dist Karnataka State Pin-574227	General Ayurveda
15.	Kailash Institute Of Naturopathy Ayurveda & Yoga 26 Knowledge Park-1 Greater Noida Gautam Budh Nagar Uttarprades-201308	General Ayurveda
16.	Pragati Sparsh Ayurvedic Panchkarma Centre Pragati Resorts Prodeatur Village, Shanker Palli Mandel Hyd.	General Ayurveda, Ksharsutra & Shalya Karma.
17.	Sarathy Ayurvedic Hospital, Elanjichodu Elookkara Muppattiladam P.O Aluva Emakulam Kerala.	General Ayurveda

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18.	Dr. Augustine's Arya Vaidya Asramam Ayurveda Hospital, Thiruvanchikulam, kodungallur P.O, Trissur Distt, Kerala, Pin. 680664.	General Ayurveda
19.	Ayurved Hospital, 230, Amarjyoti Layout off Intermediate Ring Road, Dohur Ext., Bangalore, Pin-560071.	General Ayurveda
20.	Vasudeva Vilasam Nursing Home Near Padma Theertham Fort TVM-695023.	General Ayurveda
21.	Sitaram Ayurveda Speciality Hospital, Veliyannur Road, Thrissur Pin-680021, Kerala.	General Ayurveda

**LIST OF YOGA & NATUROPATHY HOSPITALS APPROVED UNDER CGHS AND C.S. (M.A.) RULES.**

The following Hospitals have been empanelled under CGHS / C.S. (M.A.) Rules for Yoga & Naturopathy System from 03/7/2015.

S. No.	Name and Address of the Hospital / Centers.	Recommended System.
1.	Addlife Basavatarakam Indo-American Cancer Hospital And Research Institute 1st Avenue Road No. 14 Banjarahills, Hyderabad-500034	Yoga & Naturopathy
2.	Jaipur Ayurveda Hospital Village-Vatika Tehsil-Sanganer, Distt- Jaipur, Rajasthan	Yoga & Naturopathy
3.	Babu Nature Cure Hospital & yogashram Gandhi Nidai Mayur Vihar Ph-1 Patparganj Delhi-110091	Yoga & Naturopathy
4.	Kailash Institute Of Naturopathy Ayurveda & Yoga, 26 Knowledge Park-1 Greater Noida Gautam Budh Nagar Uttarprades-201308	Yoga & Naturopathy
5.	Vivekanand Hospital, Vivekanand pratishthan parishad, Vivekanand Hospital Khureji Delhi-51	Yoga & Naturopathy

  
 (Dr. D.C. Joshi)  
 Director (CGHS)  
 Tel. No. 011-23062800

ANNEXURE 'D'

RATES OFFERED FOR PROCEDURES AS PER EXISTING OM DATED 01/01/2008

Rates prescribed for Ayurveda, Yoga & Naturopathy Treatments/ procedures in respect of the empanelled AYUSH Hospitals /Centers and will be effective from the date of issue of Office Memorandum. No. Z.28015/01/2006-HD Cell/CGHS dated 03/07/2015.

Sl. No.	System of Medicine and Treatment/Procedure	Unit Cost in Rupees
(A)	AYURVEDA	
1.	Abhyanga (Sarvanga)	200
2.	Tail Shirodhara	300
3.	Takra/Dugdha Shiro Dhara	150
4.	Pizhichil (Sarvang)	350
5.	Pizhichil (Ekang)	250
6.	Dhanyamla Dhara	300
7.	Nasya (Inclusive of Abhyanga & Swedana of Shiro, Griva etc.)	100
8.	Shiro Vasti	300
9.	Kati Vasti	150
10.	Prishta Vasti	150
11.	Shiro Lepa	100
12.	Shastika Shali Pinda Sweda (Navarakizhi)	350
13.	Patra Porali Pinda Sweda	200
14.	Anna Lepa (Sarvang)	300
15.	Upanaha Sweda	100
16.	Avagaha Sweda (With Abhyanga)	200
17.	Kati Avagaha Sweda	100
18.	Sushka Sweda (Sarvanga)	150
19.	Sushka Sweda (Ekanga)	100
20.	Udvarjana	150
21.	Sneha/Anuvasana Vasti (Inclusive of Abhyanga & Swedana)	200
22.	Kashaya/Niruha Vasti (Inclusive of Abhyanga & swedana)	150
23.	Matra Vasti	100
24.	Uttara Vasti	100
25.	Yoga Vasti Package ( 5 Anuvasana and 3 Niruha Vasti)	1250
26.	Kala Vasti Package ( 10 Anuvasana and 6 Niruha Vasti)	2500
27.	Karma Vasti Package ( 18 Anuvasana and 12 Niruha Vasti)	5000
28.	Vajjarana Vasti	150
29.	Ksheer Vasti	150
30.	Vashpa/Nadi Sweda (Sarvanga)	150
31.	Vashpa/Nadi Sweda (Ekanga)	100
32.	Vamana Package ( Inclusive of Poorva Karma, Pradhan karma and Paschat karma)	1000
33.	Virechana Package ( Inclusive of Poorva Karma, Pradhan karma and Paschat karma)	1000

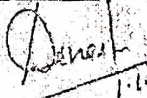
Sl. No.	System of Medicine and Treatment/Procedure	Unit Cost in Rupees
34.	Netra Tarpana/Aschyotana	100
35.	Netra Putapaka	100
36.	Rakta Mokshana (Siravedha & Abhyanga)	150
37.	Prachhana/Jaloka Avascharana	100
38.	Snehapana Package	750
39.	Ksharsutra application in Bhagandara (Initial)	400
40.	Follow up Ksharsutra application in Bhagandara	250
41.	Ksharsutra application in Parikartika (Anal Fissure)	250
42.	Ksharsutra application in Piles	250
43.	Ksharsutra application in other conditions	250
44.	Agni Karma	200
45.	Kshar Karma	150
46.	34-day Pakshaghata treatment Package inclusive of Snehana for 7 days, Svedana for 3 Days, Virechana for 1 day, Vasti for 8 days, Nasya for 7 days and Shiro Vasti/Shiro Dhara for 8 days.	5,650
47.	28- day Pakshaghata treatment package inclusive of Shirodhara & Pizhichil for 14 days and Pinda Sweda & Vasti for 14 days	17,150
48.	28- day Vata Rakta /Sandhi Roga Treatment package inclusive of Pizhichil for 14 days and Shastika Shali Pinda Sweda & Vasti for 14 days	12,950
49.	11- Day Shwasa Rog etc. treatment package inclusive of Snehana (Abhyanga & Snehapana) for 7 days, Swedana for 3 days, Vamana/Virechana for 1 day.	2,650
50.	11- Day Vrikka Roga Treatment package inclusive of Snehapana for 7 days, Avagaha sweda for 3 days and Virechana for 1 day	1,750
51.	23- Day Stikulya treatment package-I Inclusive of Snehapana for 7 days, Vamana for 1 day, Virechana for 1 day, Takradhara/ Udartana for 14 days.	3,650
52.	23- Day Stikulya treatment package-II Inclusive of Swedana with Udavartana for 14 days, Vamana/Virechana for 1 day and Vasti for 8 days	6,550
53.	19- day treatment package for Amlapitta/Parinaamshool/Yakrit-Pleehodara/other Udara Roga inclusive of Snehana for 7 days, Swedana for 3 days, Virechana for 1 day and Khaseer vasti for 8 days	2,950
54.	23-day Manasa Roga ( Ummada/Apasmara/Anidra/Bhrama) treatment package inclusive of Snehana (Bahya & Abhyantara) for 7 days, Swedana for 7 days, Vamana for 1 day, Virechana for 1 day and Shiro Vasti or Shiro dhara for 7 days	5,750
B)	Yoga & Naturopathy	
1.	One week package of Asanas, Pranayam and Meditation minimum one hour per day	150
2.	Two Weeks Package of Asanas, Pranayam and Meditation minimum one hour per day	250
3.	Four weeks Package of Asanas, Pranayam and Meditation minimum one hour per day	400
4.	Shetkarma procedures per week	150

(12)

(55)

5.	One week Package of Nine Naturopathic treatment including special diet	2100
6.	Two week package of Nine Naturopathic treatment including special diet	4000
7.	Three week package of Nine Naturopathic treatment including special diet	6000
8.	Four week package of Nine Naturopathic treatment including special diet	8000
9.	Naturopathy Massage	200
10.	Physiotherapy applicable to Naturopathy	100
11.	Steam bath	100
12.	Whole Body Mud-Bath	150
13.	Local Mud-Pack/Application	50
14.	Plantain Leaf Bath	50
15.	Thermoleum Bath	50
16.	Magnetotherapy	50
17.	Special Yoga/Naturopathy diet	75

Note: The room rent will be Rs. 500/- Rs. 1000/- & Rs. 1500 for General Ward, Semiprivate Ward and Private Ward. It is clarified that indoor package rates for Yoga & Naturopathy are inclusive of room rent and diet as per entitlement of the beneficiary.

  
 1.10.15  
 (Dr. D.C. Joshi)  
 Director (CGHS)  
 Tel. No. 011-23062890

- 11 -

Tele: 011-25682870  
Mil: 36833

Central Organisation, ECHS  
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Adjutant General's Branch  
Thimayya Marg,  
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Delhi Cantt – 110010

B/49769/AG/ECHS/2025

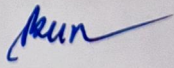
11 Mar 2025

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All Regional Centre ECHS

**ADVISORY ON TREATMENT OF ECHS BENEFICIARIES UNDER AYUSH**

1. Refer to CO ECHS letter No. B/49769/AG/ECHS/Med/Policy dt 04 Sep 2018.
2. Numerous queries were raised regarding eligibility of allopathic system while availing Ayurvedic system i.e simultaneous use of both system of medicines.
3. It is clarified that if AYUSH treatment is aimed at treating a specific disease of a body system of an indl, Allopathic system may be changed to AYUSH system only for that particular body system and simultaneously continue use of allopathic system for all other diseases.
4. This is for your info and necessary action please.

**Encl:-** As Above

  
(Sri Kant Kumar)  
Lt Col  
Jt Dir (Med)  
for MD ECHS